



Oregon Health & Science University  
Hospital and Clinics Provider's Orders

PO9031



ADULT AMBULATORY INFUSION ORDER  
**Darbepoetin Alfa (ARANESP)**  
Injection  
Page 1 of 4

ACCOUNT NO.  
MED. REC. NO.  
NAME  
BIRTHDATE

*Patient Identification*

**ALL ORDERS MUST BE MARKED IN INK WITH A CHECKMARK (✓) TO BE ACTIVE.**

Weight: \_\_\_\_\_ kg      Height: \_\_\_\_\_ cm

Allergies: \_\_\_\_\_

Diagnosis Code: \_\_\_\_\_

Treatment Start Date: \_\_\_\_\_ Patient to follow up with provider on date: \_\_\_\_\_

**\*\*This plan will expire after 365 days at which time a new order will need to be placed\*\***

**INDICATION: (Must check one)**

- Chemotherapy-induced anemia  
**For patients with chemotherapy-induced anemia:** The medical record must document the provider's rationale for determining the anemia is "chemotherapy-induced." Anemia must be secondary to myelosuppressive anticancer chemotherapy in solid tumors, multiple myeloma, lymphoma, or lymphocytic leukemia. Treatment should be limited to the 8 weeks following myelosuppressive chemotherapy.
- Symptomatic anemia associated with myelodysplastic syndrome (MDS)  
**For patients with symptomatic anemia from MDS:** The patient must be symptomatic and his/her life expectancy must be >3 months. The medical record must display documentation that a bone marrow biopsy has been reviewed by a provider and is consistent with the diagnosis of MDS. The marrow blast count must be <5%.
- Anemia of Chronic Kidney Disease (CKD)  
**For patients with anemia of CKD:** The medical record must display documentation that anemia is clearly attributed to a CKD diagnosis. The specific CKD stage must be moderate (stage III) to end stage.

**GUIDELINES FOR ORDERING:**

1. Send **FACE SHEET and H&P or most recent chart note detailing treatment indication and plan.**
2. Hemoglobin and hematocrit must be obtained within 1 week of therapy initiation. Hemoglobin must be less than 10 g/dL or hematocrit must be < 30% prior to initiation.
3. Serum ferritin and transferrin saturation (TSAT) must be performed every 3 months during erythropoiesis stimulating agent (ESA) treatment (serum ferritin ≥ 100 ng/mL, and TSAT ≥ 20%). Therapy with ESA may continue only if hemoglobin meets maintenance treatment parameters per indication.
4. All patients must be negative when evaluated for blood loss, hemolysis, and bone marrow fibrosis prior to initiation of therapy. Providers must assess and replete iron, folate, and Vitamin B12 prior to any treatment with ESA.
5. Patients cannot receive Iron Sucrose (VENOFER) and/or Vitamin B12 on the same day as ESA treatment. Patients may be on prophylactic oral iron supplementation concurrent with ESA treatment as long as supplementation for the prevention of iron deficiency is necessary due to ESA therapy alone.



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**LABS:**

- Hemoglobin & Hematocrit, Routine, ONCE, every visit
- Ferritin, once clinic collect, comment as needed if not resulted in last 90 days, interval quarterly
- Iron and TIBC, once clinic collect, comment as needed if not resulted in last 90 days, interval quarterly
- Labs already drawn. Date: \_\_\_\_\_ (Labs scanned with orders)

**NURSING ORDERS:**

1. Patients cannot receive Iron Sucrose (VENOFER) and/or Vitamin B12 on same day as ESA treatment.
2. Do not obtain ferritin or transferrin saturation (TSAT) on the same day as ESA treatment.
3. TREATMENT PARAMETERS –
  - a. Hemoglobin and hematocrit must be obtained within 1 week of each individual ESA treatment.
  - b. Hemoglobin must be less than 10 g/dL or hematocrit must be less than 30% prior to initiation.
  - c. For maintenance dosing, hemoglobin must be:
    - i. Chemotherapy induced anemia: Hgb < 10 g/dL
    - ii. Anemia due to MDS: Hgb < 12 g/dL
    - iii. Anemia due to CKD: Hgb < 11 g/dL
    - iv. Other: Hgb < \_\_\_\_\_ g/dL
  - d. Ferritin should be greater than or equal to 100 ng/mL and transferrin saturation should be greater than or equal to 20%.
  - e. Hold treatment and call provider if lab parameters are not met or if blood pressure is greater than 180 mm Hg systolic or 100 mm Hg diastolic.

**MEDICATIONS: (must check one if provider managed - opt out of pharmacy managed protocol)**

**Darbepoetin alfa (ARANESP), subcutaneous, ONCE**

Initiate first dose within 1 week of obtaining baseline labs.

**PHARMACY MANAGED PROTOCOL / OPT OUT: (Must check one)**

- Pharmacist managed dosing protocol (**OHSU infusion centers only**). Do NOT indicate specific dose below, pharmacy to manage per institutional protocol.
- Provider managed dosing (indicated dosing below)  
\*\*\*Fixed dose regimen\*\*\*

**Fixed dose regimen: (if provider managed dosing, must check one)**

- 40 mcg
- 60 mcg
- 100 mcg
- 150 mcg
- 200 mcg
- 300 mcg

**Interval:**

- Once
- Every \_\_\_\_\_ weeks x \_\_\_\_\_ doses



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Darbepoetin								
Indication	Weight	Dose Level 0 (Starting Dose)	Dose Decrease		Dose Increase			
			Dose level -1	Dose level -2	Dose level +1	Dose level +2	Adjunctive agent	Notes
MDS	≥ 60 kg	300 mcg every 2 weeks	200 mcg every 2 weeks	150 mcg every 2 weeks	400 mcg every 2 weeks	500 mcg every 2 weeks	By week 12 if no response, contact provider to add GCSF 300 mcg 1-3x per week	By week 16 if no increase in Hgb by 1.5 or reach target of 10-12 g/dL or decrease in transfusion needs dis continue
	< 60 kg	200 mcg every 2 weeks	150 mcg every 2 weeks	100 mcg every 2 weeks	300 mcg every 2 weeks	400 mcg every 2 weeks		
Chemo induced	≥ 60 kg	300 mcg every 2 weeks	200 mcg every 2 weeks	150 mcg every 2 weeks	400 mcg every 2 weeks			By week 8 if no improvement in Hgb, maintain lowest dose to avoid transfusions, if no improvement in transfusion requirements dis continue
	< 60 kg	200 mcg every 2 weeks	150 mcg every 2 weeks	100 mcg every 2 weeks	300 mcg every 2 weeks			
CKD (no HD)	≥ 60 kg	40 mcg every 4 weeks	25 mcg every 4 weeks	20 mcg every 4 weeks	60 mcg every 4 weeks			By week 12 if no improvement in Hgb, maintain lowest dose to avoid transfusions, if no improvement in transfusion requirements dis continue
	< 60 kg	20 mcg every 4 weeks	15 mcg every 4 weeks	10 mcg every 4 weeks	30 mcg every 4 weeks			
CKD on dialysis	Managed in dialysis							

**By signing below, I represent the following:**

I am responsible for the care of the patient (*who is identified at the top of this form*);

I hold an active, unrestricted license to practice medicine in:  Oregon  \_\_\_\_\_ (*check box that corresponds with state where you provide care to patient and where you are currently licensed. Specify state if not Oregon*);

**My physician license Number is # \_\_\_\_\_ (MUST BE COMPLETED TO BE A VALID PRESCRIPTION);** and I am acting within my scope of practice and authorized by law to order Infusion of the medication described above for the patient identified on this form.

<b>Provider signature:</b> _____	<b>Date/Time:</b> _____
<b>Printed Name:</b> _____	<b>Phone:</b> _____ <b>Fax:</b> _____



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***Please check the appropriate box for the patient's preferred clinic location:***

**Hillsboro Medical Center**

Infusion Services  
364 SE 8th Ave, Medical Plaza Suite 108B  
Hillsboro, OR 97123  
Phone number: (503) 681-4124  
Fax number: (503) 681-4120

**Adventist Health Portland**

Infusion Services  
10123 SE Market St  
Portland, OR 97216  
Phone number: (503) 261-6631  
Fax number: (503) 261-6756

**Mid-Columbia Medical Center**

Celilo Cancer Center  
1800 E 19th St  
The Dalles, OR 97058  
Phone number: (541) 296-7585  
Fax number: (541) 296-7610